

“People’s health is determined primarily by a range of social, economic and environmental factors, social prescribing seeks to address people’s needs in a holistic way”

Kings Fund

What is it?

- A mechanism for GP's to link patients with sources of social, therapeutic and practical support provided by voluntary and community organisations
- Locality based
- Preventative interventions for people from marginalised and disadvantaged groups
- NHS England (2014) has promoted non-clinical interventions from the voluntary and community sector as a way of making general practice more sustainable



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Great to touch base with our Champions at our Champions Event last week, lots of good discussions and feedback and lots of cake eaten too! @MblBarnsley



SYHA: How we work

1. A local community based team who have time to build trust.
2. A *strengths based* approach: “what's wrong to what's right”
3. A *home visit* because “a house is not always a home”
4. The use of *NEF 5 Ways to Wellbeing*
5. Connect to local non-medical sources of support



So what?

- 17% increase in feeling **optimistic**
- 14% increase in feeling **relaxed**
- 29% reduction in GP appointments
- 90% of customers agree or strongly agree that they are **more aware of services** in their local community
- 73% of **customers** agree or strongly agree that they feel **better supported to manage their health needs**
- 98% of **customers** rate our service as **excellent** or good

“I would have prescribed anti-depressants and a referral to Mental Health services” **Barnsley North GP**

“Patients were seeing clinicians for social aspects, this increased the demand on the practice team. Because of MBL the clinicians have more time to deal with more complex health needs.” **ANP Barnsley**

“I think people feel comfortable to discuss, what's brought them to that point. I think being listened to, and the time that is allowed for that interaction. We have 10 minutes, 15 minutes at a push” (**GP**)



England

- One million people over the age of 65 report being lonely.
- Only 40% of adults report that they have had a conversation with a healthcare professional to discuss what is important to them.
- Only 55% of adults living with long-term conditions feel they have the knowledge, skills and confidence to manage their health and wellbeing on a daily basis
- 84% of GPs say that their workload is unmanageable or excessive and can prevent quality and safe care

New link workers

- Prevent duplication
- One referral route
- Infrastructure: Training, HR, supervision, recruitment, IT, governance
- Speed of implementation
- SY&B approach



Doncaster
Social
Prescribing

One referral for
all your needs

Did you know?

You can get a prescription
for more than just medicine?

Themes....

70% support around emotional wellbeing

99% are white British

50% over 60

15% are carers (in reality, higher)

20% of working age but not working

DWP enquiries accounts for at least 10% of advisor onward contacts

Seeing a lack of onward support for men under 50